

Colwyn Bay Metric Marathon 2023

Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----------------|--------------------|--------|------|--------------|------|---------------------------------------|----------|---------|------|
| Metric Marathon | | | | | | | | | |
| 416 | Josh Keogh | M | 1. | Male 21-34 | 1. | North Wales Road Runners | 1:35:14 | 1:35:18 | 1. |
| 433 | Steffan Sayer | M | 2. | Male 40-44 | 1. | Menai Track and Field | 1:37:11 | 1:37:16 | 2. |
| 325 | Sean Warburton | M | 3. | Male 45-49 | 1. | Salford Harriers | 1:37:57 | 1:38:02 | 3. |
| 350 | Ben Carrington | M | 4. | Male 35-39 | 1. | BRAT/TEAM MARATHON ROAD | 1:40:17 | 1:40:22 | 4. |
| 38 | Peter Stockdale | M | 5. | Male 40-44 | 2. | uknetrunner | 1:42:09 | 1:42:14 | 5. |
| 469 | Sam Lloyd | M | 6. | Male 21-34 | 2. | (Chester) | 1:42:41 | 1:42:47 | 6. |
| 514 | Joe Marley | M | 7. | Male 21-34 | 3. | (Stockport) | 1:44:01 | 1:44:07 | 7. |
| 205 | Dan Gahan | M | 8. | Male 21-34 | 4. | (Dolgarrog) | 1:45:54 | 1:46:00 | 8. |
| 463 | Robert Evans | M | 9. | Male 35-39 | 2. | Colwyn bay ac | 1:46:53 | 1:47:03 | 9. |
| 472 | Michael Evennett | M | 10. | Male 40-44 | 3. | Pensby Runners | 1:47:50 | 1:47:59 | 10. |
| 389 | Luke Jones | M | 11. | Male 21-34 | 5. | Knowsley Harriers AC | 1:47:54 | 1:48:02 | 11. |
| 288 | Philip Taylor | M | 12. | Male 35-39 | 3. | Knowsley Harriers AC | 1:48:23 | 1:48:31 | 12. |
| 278 | Mathew Capper | M | 13. | Male 21-34 | 6. | Audley Striders | 1:49:10 | 1:49:15 | 13. |
| 521 | Olivia Ashton | F | 1. | Female 21-34 | 1. | Deestriders AAC | 1:49:52 | 1:49:57 | 14. |
| 346 | Chris Bannister | M | 14. | Male 40-44 | 4. | Royal Sutton Coldfield Athletics Club | 1:50:00 | 1:50:10 | 15. |
| 509 | Simon Lewis | M | 15. | Male 45-49 | 2. | Oswestry olympians | 1:50:11 | 1:50:18 | 16. |
| 226 | Mike Holroyd | M | 16. | Male 35-39 | 4. | Cybi Striders | 1:50:35 | 1:50:45 | 17. |
| 366 | Keith Quinton | M | 17. | Male 35-39 | 5. | (Llandudno) | 1:50:45 | 1:50:55 | 18. |
| 481 | Tinka Vinks | F | 2. | Female 21-34 | 2. | (Breda, The Netherlands) | 1:51:07 | 1:51:12 | 19. |
| 491 | Shaun Chambers | M | 18. | Male 55-59 | 1. | Salford harriers & ac | 1:50:40 | 1:51:18 | 20. |
| 438 | Andrew Davison | M | 19. | Male 21-34 | 7. | (Conwy) | 1:51:33 | 1:51:52 | 21. |
| 382 | Chris Grieve | M | 20. | Male 40-44 | 5. | Swinton running club | 1:51:57 | 1:52:07 | 22. |
| 58 | Tom Imlah | M | 21. | Male 21-34 | 8. | (Llandudno Junction) | 1:52:10 | 1:52:15 | 23. |
| 190 | Iwan Evans | M | 22. | Male 45-49 | 3. | North Wales Road Runners | 1:52:21 | 1:52:30 | 24. |
| 412 | Jonathan Holt | M | 23. | Male 21-34 | 9. | vegan runners UK | 1:52:37 | 1:53:01 | 25. |
| 383 | Lee Vaudrey | M | 24. | Male 40-44 | 6. | (Lytham St Annes) | 1:53:44 | 1:53:55 | 26. |
| 517 | Chris Thomas | M | 25. | Male 40-44 | 7. | Cybi Striders | 1:54:20 | 1:54:30 | 27. |
| 364 | Gemma Moore | F | 3. | Female 35-39 | 1. | Eryri Harriers | 1:54:47 | 1:54:56 | 28. |
| 249 | Ruairidh Johnstone | M | 26. | Male 21-34 | 10. | (Llanfairfechan) | 1:55:10 | 1:55:22 | 29. |
| 321 | Peter Evans | M | 27. | Male 40-44 | 8. | (Aberystwyth) | 1:56:23 | 1:56:33 | 30. |
| 89 | Warren Brown | M | 28. | Male 45-49 | 4. | Abergele Harriers | 1:56:47 | 1:56:59 | 31. |
| 409 | Robert Dance | M | 29. | Male 35-39 | 6. | (Manchester) | 1:56:23 | 1:57:07 | 32. |
| 450 | Aled Lloyd | M | 30. | Male 35-39 | 7. | Rhedwyr Hebog Runners | 1:57:08 | 1:57:15 | 33. |
| 260 | Tracey Breedon | F | 4. | Female 40-44 | 1. | Aberystwyth AC | 1:57:31 | 1:57:37 | 34. |
| 372 | John Dalzell | M | 31. | Male 45-49 | 5. | North Wales Road Runners Club | 1:57:33 | 1:57:50 | 35. |
| 43 | William Evans | M | 32. | Male 40-44 | 9. | (Colwyn Bay) | 1:57:45 | 1:57:57 | 36. |
| 175 | Stuart Culverhouse | M | 33. | Male 50-54 | 1. | nwrrc | 1:58:41 | 1:58:57 | 37. |
| 434 | Andrew Growcott | M | 34. | Male 40-44 | 10. | South cheshire harriers | 1:59:38 | 1:59:49 | 38. |
| 480 | Glyn Jones | M | 35. | Male 60-64 | 1. | (Pentre Halkyn) | 2:01:23 | 2:01:33 | 39. |

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Overall Results

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|-----|----------------------|--------|------|--------------|------|---------------------------------|----------|---------|------|
| 526 | Richard Adamson | M | 36. | Male 40-44 | 11. | | 2:01:47 | 2:01:58 | 40. |
| 290 | Ben Hudson | M | 37. | Male 45-49 | 6. | North Wales Road Runners Club | 2:02:15 | 2:02:32 | 41. |
| 236 | Huw Williams | M | 38. | Male 21-34 | 11. | (Waunfawr) | 2:03:13 | 2:04:04 | 42. |
| 436 | Edward Pattinson | M | 39. | Male 21-34 | 12. | (Chester) | 2:04:21 | 2:04:30 | 43. |
| 298 | Colin Whittingham | M | 40. | Male 40-44 | 12. | Warrington Running Club | 2:04:09 | 2:04:41 | 44. |
| 443 | Jefferson Gard | M | 41. | Male 50-54 | 2. | Penny Lane Striders | 2:04:48 | 2:04:59 | 45. |
| 501 | Scott Mckeever | M | 42. | Male 45-49 | 7. | (Stockport) | 2:05:04 | 2:05:23 | 46. |
| 358 | Matt Adcock | M | 43. | Male 45-49 | 8. | Leicester Coritanian | 2:04:50 | 2:05:31 | 47. |
| 464 | David Napier | M | 44. | Male 45-49 | 9. | Penistone Footpath Runners & AC | 2:04:54 | 2:05:34 | 48. |
| 301 | Allan Mcdonough | M | 45. | Male 45-49 | 10. | Knowsley Harriers AC | 2:05:11 | 2:05:34 | 49. |
| 471 | Jon Grieve | M | 46. | Male 35-39 | 8. | Knowsley Harriers AC | 2:05:17 | 2:05:41 | 50. |
| 429 | Mark Bell | M | 47. | Male 50-54 | 3. | Warrington Running Club | 2:05:18 | 2:05:50 | 51. |
| 387 | Ian Sadler | M | 48. | Male 60-64 | 2. | Penny Lane Striders | 2:05:12 | 2:05:51 | 52. |
| 75 | Sion O'neil | M | 49. | Male 45-49 | 11. | (Holywell) | 2:05:43 | 2:05:52 | 53. |
| 232 | Gareth Southworth | M | 50. | Male 55-59 | 2. | Cybi Striders | 2:05:44 | 2:05:54 | 54. |
| 183 | John Jones | M | 51. | Male 60-64 | 3. | stragglers maesglas 41st | 2:05:50 | 2:05:58 | 55. |
| 11 | Andrew Walls | M | 52. | Male 35-39 | 9. | (Wigan) | 2:05:12 | 2:06:06 | 56. |
| 454 | Jayson Austin-Clarke | M | 53. | Male 35-39 | 10. | (Penmaenmawr) | 2:05:55 | 2:06:08 | 57. |
| 149 | Kelly Wynn | F | 5. | Female 45-49 | 1. | Hyde Village Striders | 2:06:22 | 2:06:36 | 58. |
| 160 | Gareth Owen | M | 54. | Male 40-44 | 13. | (Rhos-On-Sea) | 2:06:09 | 2:06:37 | 59. |
| 215 | Rob Marsden | M | 55. | Male 40-44 | 14. | Sale Harriers Manchester | 2:06:23 | 2:06:45 | 60. |
| 513 | John Peaker | M | 56. | Male 55-59 | 3. | CHESTER Tri | 2:07:00 | 2:07:09 | 61. |
| 79 | John Jones | M | 57. | Male 60-64 | 4. | Abergele Harriers | 2:07:11 | 2:07:28 | 62. |
| 289 | Sarah Hudson | F | 6. | Female 40-44 | 2. | North Wales Road Runners Club | 2:07:22 | 2:07:39 | 63. |
| 391 | Nigel Pickering | M | 58. | Male 45-49 | 12. | (Irlam) | 2:07:23 | 2:07:55 | 64. |
| 492 | Jamie Tharme | M | 59. | Male 45-49 | 13. | nwrcc | 2:08:22 | 2:08:39 | 65. |
| 396 | Paul Joynson | M | 60. | Male 40-44 | 15. | (Birkenhead) | 2:08:24 | 2:08:49 | 66. |
| 61 | Darren Dentith | M | 61. | Male 50-54 | 4. | (Colwyn Bay) | 2:08:27 | 2:08:49 | 67. |
| 441 | Dean Allison | M | 62. | Male 40-44 | 16. | (Old Colwyn) | 2:08:49 | 2:09:11 | 68. |
| 524 | Gaynor Seymour | F | 7. | Female 45-49 | 2. | Lymm Runners | 2:09:08 | 2:09:16 | 69. |
| 130 | Brian Johnson | M | 63. | Male 55-59 | 4. | Meirionnydd Running Club | 2:09:12 | 2:09:32 | 70. |
| 218 | David Burgess | M | 64. | Male 40-44 | 17. | Lonely Goat RC | 2:09:23 | 2:09:45 | 71. |
| 255 | Craig Smith | M | 65. | Male 50-54 | 5. | Prestatyn RC | 2:10:00 | 2:10:22 | 72. |
| 159 | Nola Calladine | F | 8. | Female 45-49 | 3. | (Stockport) | 2:10:48 | 2:11:18 | 73. |
| 152 | Marlaina Cadwallader | F | 9. | Female 21-34 | 3. | Nantwich Running Club | 2:11:26 | 2:11:51 | 74. |
| 274 | Zoe de Zeeuw | F | 10. | Female 12-20 | 1. | (Welshpool) | 2:11:47 | 2:12:01 | 75. |
| 490 | Daniel Binns | M | 66. | Male 45-49 | 14. | (Stockport) | 2:11:42 | 2:12:12 | 76. |
| 306 | Graham Roberts | M | 67. | Male 60-64 | 5. | (Four Crosses) | 2:13:36 | 2:14:01 | 77. |
| 50 | Sarah Brooks | F | 11. | Female 50-54 | 1. | Abergele Harriers | 2:13:56 | 2:14:10 | 78. |
| 24 | Grant Mcgowan | M | 68. | Male 45-49 | 15. | Deestridders RC | 2:14:05 | 2:14:17 | 79. |
| 369 | Darren Hill | M | 69. | Male 40-44 | 18. | (Prestatyn) | 2:13:44 | 2:14:22 | 80. |

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| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|---------------------------|--------|------|--------------|------|-------------------------------|----------|---------|------|
| 67 | Chris Gibbs | M | 70. | Male 50-54 | 6. | (Glossop) | 2:13:51 | 2:14:24 | 81. |
| 483 | Matt Spruce | M | 71. | Male 40-44 | 19. | (Colwyn Bay) | 2:15:34 | 2:15:46 | 82. |
| 292 | Gary Davies | M | 72. | Male 40-44 | 20. | Mersey Tri | 2:15:10 | 2:15:48 | 83. |
| 191 | Rob Batterbee | M | 73. | Male 35-39 | 11. | (RHYL) | 2:15:33 | 2:15:50 | 84. |
| 477 | Mal Preece | M | 74. | Male 60-64 | 6. | North Wales Road Runners Club | 2:15:44 | 2:16:00 | 85. |
| 413 | Greig Frankland-Wilkinson | M | 75. | Male 40-44 | 21. | Dragons Running Club (Sale) | 2:14:37 | 2:16:04 | 86. |
| 461 | Natasha Jones | F | 12. | Female 40-44 | 3. | Porth Eirias Runners | 2:15:58 | 2:16:05 | 87. |
| 352 | Lisa Rudkin | F | 13. | Female 50-54 | 2. | North leeds fellrunners | 2:15:51 | 2:16:06 | 88. |
| 488 | Kam Dosanjh | F | 14. | Female 45-49 | 4. | Penny Lane Striders | 2:15:42 | 2:16:21 | 89. |
| 475 | Cathryn Walley | F | 15. | Female 45-49 | 5. | Run Knutsford | 2:16:10 | 2:16:22 | 90. |
| 272 | Kirsty Mclean | F | 16. | Female 45-49 | 6. | Alsager Runners | 2:16:35 | 2:16:44 | 91. |
| 237 | Joe Troman | M | 76. | Male 21-34 | 13. | (Mansfield) | 2:16:33 | 2:16:44 | 92. |
| 235 | Mark Hurst | M | 77. | Male 40-44 | 22. | Madrunners | 2:16:05 | 2:16:45 | 93. |
| 435 | Kieron Mckenna | M | 78. | Male 45-49 | 16. | Madrunners | 2:16:05 | 2:16:45 | 94. |
| 56 | Luke Jones | M | 79. | Male 35-39 | 12. | (Conwy) | 2:16:05 | 2:16:57 | 95. |
| 140 | Stuart Abel | M | 80. | Male 40-44 | 23. | Fylde Coast Runners | 2:16:46 | 2:17:17 | 96. |
| 64 | Carwyn Arnold | M | 81. | Male 45-49 | 17. | (Llandudno) | 2:16:57 | 2:17:23 | 97. |
| 410 | Cara Coventry | F | 17. | Female 40-44 | 4. | Pen y ffordd run club | 2:16:53 | 2:17:32 | 98. |
| 386 | Jeremy Bright | M | 82. | Male 55-59 | 5. | WfA | 2:17:32 | 2:17:49 | 99. |
| 238 | Jenny Black | F | 18. | Female 35-39 | 2. | (Macclesfield) | 2:17:08 | 2:18:01 | 100. |
| 313 | Alex Bannister | F | 19. | Female 21-34 | 4. | Nantwich Running Club | 2:17:39 | 2:18:02 | 101. |
| 258 | Kate Williams | F | 20. | Female 35-39 | 3. | (Caernarfon) | 2:17:55 | 2:18:09 | 102. |
| 261 | Jamie Bullock | M | 83. | Male 35-39 | 13. | (Connahs quay) | 2:18:06 | 2:18:38 | 103. |
| 502 | Melissa Ward-Williams | F | 21. | Female 35-39 | 4. | Cybi Striders | 2:18:21 | 2:18:39 | 104. |
| 394 | Sonia Williams | F | 22. | Female 35-39 | 5. | Cybi Striders | 2:18:21 | 2:18:39 | 105. |
| 126 | Paul Pryce | M | 84. | Male 50-54 | 7. | (Wrexham) | 2:18:03 | 2:18:41 | 106. |
| 212 | Jonathan Smith | M | 85. | Male 40-44 | 24. | (Ormskirk) | 2:18:01 | 2:18:42 | 107. |
| 168 | Michelle Farrell | F | 23. | Female 40-44 | 5. | Gog Triathlon | 2:18:22 | 2:19:08 | 108. |
| 138 | Vicki Cleall | F | 24. | Female 50-54 | 3. | Dragons Running Club Sale | 2:17:47 | 2:19:12 | 109. |
| 128 | Rick Taylor | M | 86. | Male 50-54 | 8. | (Stockport) | 2:18:53 | 2:19:45 | 110. |
| 32 | Neil Vickers | M | 87. | Male 60-64 | 7. | (New Mills) | 2:18:57 | 2:19:48 | 111. |
| 131 | Tim Jones | M | 88. | Male 45-49 | 18. | (Birkenhead) | 2:19:18 | 2:19:50 | 112. |
| 256 | Sarah Mcgovern | F | 25. | Female 21-34 | 5. | (LLanrug) | 2:19:45 | 2:20:00 | 113. |
| 269 | Andrew Triner | M | 89. | Male 21-34 | 14. | (Nantwich) | 2:19:16 | 2:20:12 | 114. |
| 293 | Nicola Wylie | F | 26. | Female 55-59 | 1. | North Wales Road Runners | 2:20:22 | 2:20:28 | 115. |
| 207 | Philip Owen | M | 90. | Male 35-39 | 14. | (Llandudno) | 2:20:40 | 2:21:03 | 116. |
| 498 | Cheryl Frost | F | 27. | Female 55-59 | 2. | nwrcc | 2:21:04 | 2:21:20 | 117. |
| 262 | Jonny Mcgovern | M | 91. | Male 35-39 | 15. | (Llanrug) | 2:21:47 | 2:22:01 | 118. |
| 91 | Adam Lindsay | M | 92. | Male 21-34 | 15. | Widnes Running Club | 2:22:20 | 2:22:52 | 119. |
| 318 | Chris Hopkins | M | 93. | Male 55-59 | 6. | (Chester) | 2:22:22 | 2:22:59 | 120. |
| 177 | Amelia Tee | F | 28. | Female 21-34 | 6. | (Chester) | 2:22:00 | 2:23:06 | 121. |

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|-----|-----------------|--------|------|--------------|------|-------------------------|----------|---------|------|
| 208 | Angharad Owen | F | 29. | Female 35-39 | 6. | (Llandudno) | 2:22:47 | 2:23:11 | 122. |
| 361 | Heidi O'brien | F | 30. | Female 21-34 | 7. | Cybi Striders | 2:22:52 | 2:23:11 | 123. |
| 407 | Brian Driver | M | 94. | Male 55-59 | 7. | (Hinckley) | 2:22:44 | 2:23:25 | 124. |
| 335 | Joanne Eccleson | F | 31. | Female 45-49 | 7. | (Greasby) | 2:22:30 | 2:23:30 | 125. |
| 178 | Ian Towers | M | 95. | Male 21-34 | 16. | (Chester) | 2:22:44 | 2:23:49 | 126. |
| 363 | Ian Robson | M | 96. | Male 60-64 | 8. | (Caernafon) | 2:23:04 | 2:23:52 | 127. |
| 451 | Alexandra Jones | F | 32. | Female 21-34 | 8. | (Colwyn bay) | 2:22:54 | 2:23:52 | 128. |
| 446 | Paul Martin | M | 97. | Male 50-54 | 9. | Gog Triathlon | 2:23:41 | 2:24:00 | 129. |
| 184 | Jan Muir | F | 33. | Female 55-59 | 3. | None applicable | 2:24:17 | 2:24:22 | 130. |
| 418 | Peter Rodgers | M | 98. | Male 45-49 | 19. | (Sheffield) | 2:23:48 | 2:24:25 | 131. |
| 448 | Paul Lloyd | M | 99. | Male 21-34 | 17. | (Llanrwst) | 2:23:27 | 2:24:25 | 132. |
| 63 | Amy Mccarthy | F | 34. | Female 21-34 | 9. | Madrunners | 2:23:54 | 2:24:34 | 133. |
| 285 | Ariannell Parry | F | 35. | Female 21-34 | 10. | (Gwalchmai) | 2:24:16 | 2:24:39 | 134. |
| 320 | Kim Kelly | F | 36. | Female 40-44 | 6. | (Warrington) | 2:24:38 | 2:24:46 | 135. |
| 319 | Gill Glover | F | 37. | Female 55-59 | 4. | (Runcorn) | 2:24:38 | 2:24:46 | 136. |
| 270 | Philip Parry | M | 100. | Male 35-39 | 16. | (Chirk) | 2:24:11 | 2:24:55 | 137. |
| 90 | Greg Grundy | M | 101. | Male 45-49 | 20. | Colwyn bay ac | 2:24:08 | 2:25:04 | 138. |
| 220 | Rob Carrington | M | 102. | Male 50-54 | 10. | Wolves & Bilston AC | 2:24:27 | 2:25:18 | 139. |
| 362 | Jordan Robinson | M | 103. | Male 21-34 | 18. | (Mold) | 2:24:45 | 2:25:18 | 140. |
| 367 | Darren Thompson | M | 104. | Male 55-59 | 8. | Prestatyn running club | 2:25:16 | 2:25:39 | 141. |
| 503 | Lana Davidson | F | 38. | Female 40-44 | 7. | South cheshire harriers | 2:25:50 | 2:26:06 | 142. |
| 309 | Suzanna Leigh | M | 105. | Male 35-39 | 17. | NRC | 2:25:54 | 2:26:07 | 143. |
| 169 | John Farrell | M | 106. | Male 55-59 | 9. | Gog Triathlon | 2:25:46 | 2:26:32 | 144. |
| 484 | Jacqui Evans | F | 39. | Female 40-44 | 8. | (STOCKPORT) | 2:26:07 | 2:26:46 | 145. |
| 296 | Rebecca Ashton | F | 40. | Female 40-44 | 9. | (Dudley) | 2:26:10 | 2:26:48 | 146. |
| 427 | Andrew Jones | M | 107. | Male 55-59 | 10. | UKRunChat Running Club | 2:26:52 | 2:27:13 | 147. |
| 506 | Jon Payne | M | 108. | Male 45-49 | 21. | Lonely Goat RC | 2:26:57 | 2:27:14 | 148. |
| 401 | Wendi Evans | F | 41. | Female 60-64 | 1. | Eryri Harriers | 2:26:31 | 2:27:19 | 149. |
| 519 | Math Llwyd | M | 109. | Male 21-34 | 19. | Eryri Harriers | 2:26:32 | 2:27:21 | 150. |
| 97 | Adam Smith | M | 110. | Male 45-49 | 22. | (Disley, Stockport) | 2:26:45 | 2:27:41 | 151. |
| 453 | Michaela Neild | F | 42. | Female 21-34 | 11. | (Leigh) | 2:27:29 | 2:28:11 | 152. |
| 343 | Claire Bardsley | F | 43. | Female 40-44 | 10. | Start2jog | 2:27:57 | 2:28:11 | 153. |
| 230 | Angela Howarth | F | 44. | Female 50-54 | 4. | (Sale) | 2:27:46 | 2:28:19 | 154. |
| 106 | Dean Shafto | M | 111. | Male 40-44 | 25. | (Manchester) | 2:27:12 | 2:28:20 | 155. |
| 341 | Paul Plummer | M | 112. | Male 50-54 | 11. | Stockport Tri Club | 2:27:44 | 2:28:23 | 156. |
| 390 | Sara Roberts | F | 45. | Female 21-34 | 12. | Knowsley Harriers AC | 2:28:06 | 2:28:30 | 157. |
| 406 | Mark Pollitt | M | 113. | Male 45-49 | 23. | (Manchester) | 2:27:30 | 2:28:39 | 158. |
| 345 | Leisa Wyn | F | 46. | Female 40-44 | 11. | (Conwy) | 2:28:26 | 2:28:42 | 159. |
| 253 | Simon Booth | M | 114. | Male 60-64 | 9. | (Liverpool) | 2:28:01 | 2:28:54 | 160. |
| 163 | Mark Newland | M | 115. | Male 40-44 | 26. | (Buckley) | 2:28:06 | 2:28:59 | 161. |
| 347 | Tarquin Jones | M | 116. | Male 50-54 | 12. | Brighthouse Bumble Bees | 2:28:21 | 2:29:07 | 162. |

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Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|------------------------|--------|------|--------------|------|------------------------------|----------|---------|------|
| 365 | Molly Hewitt | F | 47. | Female 21-34 | 13. | (Inverness) | 2:28:19 | 2:29:09 | 163. |
| 231 | Jonathan Ghosh | M | 117. | Male 45-49 | 24. | (Cheadle) | 2:28:42 | 2:29:09 | 164. |
| 45 | Stephen Roberts | M | 118. | Male 35-39 | 18. | (Liverpool) | 2:28:48 | 2:29:14 | 165. |
| 224 | Rebecca Atkins | F | 48. | Female 45-49 | 8. | Dragons Running Club (Sale) | 2:27:54 | 2:29:15 | 166. |
| 500 | Claire Harrison | F | 49. | Female 45-49 | 9. | South cheshire harriers | 2:29:05 | 2:29:20 | 167. |
| 486 | Sally Timperley | F | 50. | Female 50-54 | 5. | (Bromsgrove) | 2:29:18 | 2:29:27 | 168. |
| 71 | Bal Johnson | F | 51. | Female 50-54 | 6. | (Wirral) | 2:29:39 | 2:29:58 | 169. |
| 523 | Fiona Allen | F | 52. | Female 40-44 | 12. | UTS Run Club | 2:29:39 | 2:29:58 | 170. |
| 329 | Martin Copeland | M | 119. | Male 50-54 | 13. | Lonely Goat RC | 2:29:20 | 2:30:08 | 171. |
| 388 | Kathleen Droszcz | F | 53. | Female 40-44 | 13. | UTS Run Club | 2:29:55 | 2:30:24 | 172. |
| 444 | Alison Gow | F | 54. | Female 50-54 | 7. | Ciwb Run Wales | 2:29:34 | 2:30:31 | 173. |
| 371 | Jen Haywood | F | 55. | Female 40-44 | 14. | vegan runners UK | 2:29:46 | 2:30:39 | 174. |
| 283 | Jonathan Miles | M | 120. | Male 50-54 | 14. | South Cheshire Triathletes | 2:30:42 | 2:30:55 | 175. |
| 478 | Dave Galloway | M | 121. | Male 40-44 | 27. | Ellesmere Port Running Club | 2:30:52 | 2:31:08 | 176. |
| 359 | Samantha Catarelli | F | 56. | Female 21-34 | 14. | Styal Running Club | 2:30:51 | 2:31:34 | 177. |
| 241 | Emma Bishop | F | 57. | Female 21-34 | 15. | (Penrhynside) | 2:30:56 | 2:31:36 | 178. |
| 330 | Angela Copeland | F | 58. | Female 50-54 | 8. | Lonely Goat RC | 2:30:53 | 2:31:43 | 179. |
| 304 | John Taylor | M | 122. | Male 50-54 | 15. | Warrington Running Club | 2:31:06 | 2:32:01 | 180. |
| 123 | Gareth Catherall | M | 123. | Male 45-49 | 25. | (Deganwy) | 2:31:54 | 2:32:22 | 181. |
| 156 | Samantha Saunders-Rose | F | 59. | Female 40-44 | 15. | Dragons Running Club Sale | 2:32:04 | 2:32:31 | 182. |
| 380 | Donna Jones | F | 60. | Female 40-44 | 16. | Cybi Striders | 2:32:12 | 2:32:41 | 183. |
| 219 | Fiona Millington | F | 61. | Female 21-34 | 16. | (Neston) | 2:33:24 | 2:33:40 | 184. |
| 374 | Lee Jones | M | 124. | Male 45-49 | 26. | (Old Colwyn) | 2:33:22 | 2:33:42 | 185. |
| 468 | Scott Garner | M | 125. | Male 50-54 | 16. | Gog Triathlon | 2:32:51 | 2:33:49 | 186. |
| 193 | Paul Jones | M | 126. | Male 45-49 | 27. | Rhedwyr Hebog Runners | 2:34:02 | 2:34:18 | 187. |
| 333 | Rebecca Lawson | F | 62. | Female 21-34 | 17. | (Thurloxtton) | 2:34:13 | 2:34:31 | 188. |
| 2 | Steve Bates | M | 127. | Male 45-49 | 28. | (Sileby) | 2:34:22 | 2:34:43 | 189. |
| 458 | Kat Pudney | F | 63. | Female 40-44 | 17. | Chester Road Runners | 2:34:06 | 2:34:51 | 190. |
| 239 | Tony Phelan | M | 128. | Male 60-64 | 10. | Gogs triathlon | 2:34:02 | 2:35:00 | 191. |
| 65 | Rachel Threadkell | F | 64. | Female 50-54 | 9. | Cybi Striders | 2:35:19 | 2:35:48 | 192. |
| 305 | Charlotte Jackson | F | 65. | Female 35-39 | 7. | (Ellesmere) | 2:35:04 | 2:35:49 | 193. |
| 312 | Rachel Shoukair | F | 66. | Female 50-54 | 10. | (Manchester) | 2:34:40 | 2:35:56 | 194. |
| 136 | Claire Gwyer | F | 67. | Female 45-49 | 10. | Dragons Running Club (Sale) | 2:35:34 | 2:36:01 | 195. |
| 331 | Dawn Hughes | F | 68. | Female 40-44 | 18. | Holme Pierrepont RC | 2:35:33 | 2:36:23 | 196. |
| 16 | Scott Damerum | M | 129. | Male 50-54 | 17. | Dragons Running Club (Sale) | 2:35:11 | 2:36:25 | 197. |
| 357 | Douglas Graham | M | 130. | Male 40-44 | 28. | (Colwyn) | 2:35:52 | 2:36:31 | 198. |
| 437 | Gareth Edwards | M | 131. | Male 35-39 | 19. | (Denbigh) | 2:35:42 | 2:36:45 | 199. |
| 173 | Kasia Gozdur | F | 69. | Female 35-39 | 8. | (wrexham) | 2:36:19 | 2:36:50 | 200. |
| 225 | Julie Dixon | F | 70. | Female 45-49 | 11. | (Isle of Wight) | 2:35:50 | 2:37:11 | 201. |
| 83 | Lisa Galloway | F | 71. | Female 40-44 | 19. | (Runcorn) | 2:36:29 | 2:37:33 | 202. |
| 84 | Graham Cheers | M | 132. | Male 45-49 | 29. | (Runcorn) | 2:36:27 | 2:37:35 | 203. |

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Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|--------------------|--------|------|--------------|------|---|----------|---------|------|
| 342 | Emma Spragg | F | 72. | Female 50-54 | 11. | Chorlton Runners | 2:36:52 | 2:37:37 | 204. |
| 403 | Steve Cameron | M | 133. | Male 55-59 | 11. | Loanly Goat | 2:36:40 | 2:37:45 | 205. |
| 385 | Helen Hannam | F | 73. | Female 45-49 | 12. | nwrcc | 2:37:29 | 2:37:53 | 206. |
| 516 | Daniel Norton | M | 134. | Male 35-39 | 20. | (Widnes) | 2:37:21 | 2:37:58 | 207. |
| 198 | Robbie Fraser | M | 135. | Male 35-39 | 21. | (Birmingham) | 2:37:19 | 2:38:41 | 208. |
| 150 | Jennifer Simpson | F | 74. | Female 35-39 | 9. | Dragons Running Club Sale | 2:37:38 | 2:38:59 | 209. |
| 462 | Jane Nicholson | F | 75. | Female 55-59 | 5. | Penny Lane Striders | 2:38:26 | 2:39:07 | 210. |
| 504 | Karen Jones | F | 76. | Female 50-54 | 12. | (Wrexham) | 2:38:11 | 2:39:08 | 211. |
| 494 | Matthew Harvey | M | 136. | Male 45-49 | 30. | Penny Lane Striders | 2:38:44 | 2:39:26 | 212. |
| 315 | Rachel Rick | F | 77. | Female 60-64 | 2. | Penny Lane Striders | 2:38:45 | 2:39:26 | 213. |
| 1 | Kingsley Chesworth | M | 137. | Male 40-44 | 29. | (Preston) | 2:38:55 | 2:39:29 | 214. |
| 449 | Stephen Coleman | M | 138. | Male 60-64 | 11. | Fylde Coast Runners | 2:38:45 | 2:39:43 | 215. |
| 95 | Rachael Smith | F | 78. | Female 35-39 | 10. | (Disley) | 2:39:04 | 2:39:59 | 216. |
| 77 | Amy Jones | F | 79. | Female 35-39 | 11. | (Manchester) | 2:38:55 | 2:40:04 | 217. |
| 52 | Carol Moss | F | 80. | Female 55-59 | 6. | Abergele Harriers | 2:39:43 | 2:40:08 | 218. |
| 240 | Chelsea Parry | F | 81. | Female 21-34 | 18. | (Holyhead) | 2:39:40 | 2:40:18 | 219. |
| 254 | Catherine Roberts | F | 82. | Female 50-54 | 13. | (Mold) | 2:40:23 | 2:40:45 | 220. |
| 302 | Ceri Hewitt | F | 83. | Female 35-39 | 12. | (Manchester) | 2:39:51 | 2:40:50 | 221. |
| 86 | Stephanie Memmory | F | 84. | Female 50-54 | 14. | (Penyffordd) | 2:40:22 | 2:41:00 | 222. |
| 110 | Jodi Hayward | F | 85. | Female 40-44 | 20. | Rhubarb Running Community | 2:40:29 | 2:41:05 | 223. |
| 127 | Helen Moore | F | 86. | Female 55-59 | 7. | Widnes Wasps | 2:40:13 | 2:41:15 | 224. |
| 54 | Nick Berney | M | 139. | Male 50-54 | 18. | (Shrewsbury) | 2:40:25 | 2:41:18 | 225. |
| 421 | Byron Cross | M | 140. | Male 35-39 | 22. | (Chester) | 2:40:09 | 2:41:34 | 226. |
| 422 | Liz Preston | F | 87. | Female 45-49 | 13. | South cheshire harriers | 2:41:49 | 2:42:05 | 227. |
| 505 | Nathan Bradshaw | M | 141. | Male 35-39 | 23. | (Towyn) | 2:41:16 | 2:42:12 | 228. |
| 426 | Leslie Edwards | M | 142. | Male 60-64 | 12. | Penny Lane Striders | 2:41:51 | 2:42:32 | 229. |
| 195 | Cindy Tierney | F | 88. | Female 45-49 | 14. | (Birmingham) | 2:41:16 | 2:42:36 | 230. |
| 384 | Clive Smallwood | M | 143. | Male 40-44 | 30. | (Buxton) | 2:41:49 | 2:42:41 | 231. |
| 59 | Liz Pearce | F | 89. | Female 40-44 | 21. | Newcastle staffs AC | 2:41:45 | 2:42:46 | 232. |
| 455 | Helen Patterson | F | 90. | Female 40-44 | 22. | Widnes Running Club | 2:42:05 | 2:42:56 | 233. |
| 88 | Charlotte Harvey | F | 91. | Female 35-39 | 13. | Penyffordd run club | 2:42:36 | 2:43:14 | 234. |
| 206 | Jane Beachell | F | 92. | Female 55-59 | 8. | Dwygy dashers | 2:43:03 | 2:43:24 | 235. |
| 457 | Chloe Hart | F | 93. | Female 21-34 | 19. | Oldham and Royton Harriers and Athletics club | 2:42:55 | 2:43:48 | 236. |
| 456 | Angie Hart | F | 94. | Female 45-49 | 15. | Oldham & Royton Harriers & AC | 2:42:55 | 2:43:48 | 237. |
| 87 | Jane Coburn | F | 95. | Female 50-54 | 15. | Nantwich Running Club | 2:43:24 | 2:43:53 | 238. |
| 103 | Louise Toach | F | 96. | Female 40-44 | 23. | Nantwich Running Club | 2:43:24 | 2:43:53 | 239. |
| 34 | Neil Williams | M | 144. | Male 55-59 | 12. | (Cheadle Hulme) | 2:43:52 | 2:44:20 | 240. |
| 92 | Nicola Daley | F | 97. | Female 55-59 | 9. | Widnes Wasps LRC | 2:43:28 | 2:44:30 | 241. |
| 311 | Andrew Swindells | M | 145. | Male 55-59 | 13. | Cobra Running Club | 2:43:55 | 2:44:36 | 242. |
| 129 | Kimberley Buchanan | F | 98. | Female 21-34 | 20. | (Bryngwran) | 2:44:52 | 2:45:11 | 243. |
| 154 | Anne Kelly | F | 99. | Female 45-49 | 16. | Dragons Running Club Sale | 2:43:49 | 2:45:16 | 244. |

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Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|-------------------|--------|------|--------------|------|-----------------------------|----------|---------|------|
| 72 | Clair Baldock | F | 100. | Female 50-54 | 16. | Warrington Running Club | 2:44:04 | 2:45:16 | 245. |
| 146 | Lisa Dennis | F | 101. | Female 45-49 | 17. | Ellesmere Port Running Club | 2:44:42 | 2:45:39 | 246. |
| 101 | Claire Watson | F | 102. | Female 45-49 | 18. | Nantwich Runnibg Club | 2:45:30 | 2:45:59 | 247. |
| 3 | Fiona Bates | F | 103. | Female 50-54 | 17. | (Sileby) | 2:45:45 | 2:46:06 | 248. |
| 15 | Alan Owen | M | 146. | Male 50-54 | 19. | (Llandegfan) | 2:45:02 | 2:46:10 | 249. |
| 487 | Gavin Williams | M | 147. | Male 55-59 | 14. | (Llandegfan) | 2:45:05 | 2:46:13 | 250. |
| 470 | T Lunn | F | 104. | Female 21-34 | 21. | (Anglesey) | 2:44:56 | 2:46:13 | 251. |
| 415 | Chloe Jones | F | 105. | Female 21-34 | 22. | (Bangor) | 2:44:57 | 2:46:13 | 252. |
| 392 | Andy Gifford | M | 148. | Male 45-49 | 31. | (Southport) | 2:45:31 | 2:46:14 | 253. |
| 428 | Abigail Greenow | F | 106. | Female 35-39 | 14. | (Cambridge) | 2:45:22 | 2:46:16 | 254. |
| 111 | Susan Twardochleb | F | 107. | Female 50-54 | 18. | Newcastle staffs AC | 2:45:16 | 2:46:19 | 255. |
| 349 | Michael Rice | M | 149. | Male 50-54 | 20. | na | 2:45:08 | 2:46:21 | 256. |
| 515 | Ryan Malone | M | 150. | Male 35-39 | 24. | (Street) | 2:45:46 | 2:46:25 | 257. |
| 31 | Heather Phipps | F | 108. | Female 50-54 | 19. | (Bedford) | 2:45:35 | 2:46:27 | 258. |
| 327 | Natalie Leeb | F | 109. | Female 35-39 | 15. | (Stockport) | 2:45:41 | 2:46:31 | 259. |
| 397 | Dave Pardoe | M | 151. | Male 55-59 | 15. | (Liverpool) | 2:46:05 | 2:46:48 | 260. |
| 452 | Clair Henderson | F | 110. | Female 40-44 | 24. | (Hawarden) | 2:46:15 | 2:47:26 | 261. |
| 360 | Sue Williams | F | 111. | Female 45-49 | 19. | (Drury) | 2:46:03 | 2:47:36 | 262. |
| 482 | Barbara Margetts | F | 112. | Female 55-59 | 10. | Rhedwyr Hebog Runners | 2:47:27 | 2:47:51 | 263. |
| 250 | Cheryl Lord-Brown | F | 113. | Female 50-54 | 20. | (Rhos on Sea) | 2:47:46 | 2:48:16 | 264. |
| 430 | Graham Mcvey | M | 152. | Male 50-54 | 21. | (Colwyn Bay) | 2:47:10 | 2:48:16 | 265. |
| 246 | Cristian Wood | M | 153. | Male 45-49 | 32. | Silverdale RC | 2:47:55 | 2:48:34 | 266. |
| 460 | Stephanie Savage | F | 114. | Female 40-44 | 25. | Widnes Running Club | 2:47:45 | 2:48:35 | 267. |
| 411 | Ceirion Williams | M | 154. | Male 60-64 | 13. | (Caernarfon) | 2:48:05 | 2:48:54 | 268. |
| 137 | Sue Strickland | F | 115. | Female 60-64 | 3. | Sale Dragons Running Club | 2:47:34 | 2:48:55 | 269. |
| 171 | Gemma Williams | F | 116. | Female 40-44 | 26. | (Beaumaris) | 2:48:15 | 2:49:00 | 270. |
| 332 | Claire Sambridge | F | 117. | Female 45-49 | 20. | Holme Pierrepont RC | 2:48:20 | 2:49:09 | 271. |
| 447 | Laurie Owens | F | 118. | Female 40-44 | 27. | Chester Road Runners | 2:49:11 | 2:49:35 | 272. |
| 297 | Elizabeth Walker | F | 119. | Female 35-39 | 16. | Kirkstall Harriers | 2:48:21 | 2:49:45 | 273. |
| 489 | Laura Parkin | F | 120. | Female 40-44 | 28. | Didsbury Runners | 2:49:28 | 2:50:15 | 274. |
| 214 | Stuart Donohoe | M | 155. | Male 40-44 | 31. | Didsbury Runners | 2:49:34 | 2:50:21 | 275. |
| 496 | Paul Houlding | M | 156. | Male 55-59 | 16. | (Wrexham) | 2:48:48 | 2:50:27 | 276. |
| 381 | Linda Wilson | F | 121. | Female 35-39 | 17. | Swinton running club | 2:49:14 | 2:50:39 | 277. |
| 326 | Gillian Hayes | F | 122. | Female 45-49 | 21. | Warrington Running Club | 2:49:36 | 2:50:59 | 278. |
| 295 | Lisa Lloyd | F | 123. | Female 50-54 | 21. | Warrington Running Club | 2:49:35 | 2:50:59 | 279. |
| 273 | Alison Davidson | F | 124. | Female 35-39 | 18. | Goodgym Race Team | 2:50:30 | 2:51:13 | 280. |
| 19 | Jane Damerum | F | 125. | Female 45-49 | 22. | Dragons Running Club Sale | 2:50:08 | 2:51:21 | 281. |
| 143 | Denise Droog | F | 126. | Female 35-39 | 19. | (Mold) | 2:50:00 | 2:51:25 | 282. |
| 282 | Eden Fort | F | 127. | Female 21-34 | 23. | (Colwyn bay) | 2:50:30 | 2:51:26 | 283. |
| 281 | Peter Fort | F | 128. | Female 50-54 | 22. | (Old Colwyn) | 2:50:30 | 2:51:26 | 284. |
| 473 | Gaynor Murray | F | 129. | Female 50-54 | 23. | (Colwyn Bay) | 2:51:02 | 2:51:34 | 285. |

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Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|--------------------|--------|------|--------------|------|---------------------------|----------|---------|------|
| 465 | David Roberts | M | 157. | Male 55-59 | 17. | Lonely Goat RC | 2:50:51 | 2:51:36 | 286. |
| 57 | Tracey Sheppard | F | 130. | Female 50-54 | 24. | (Stockport) | 2:52:08 | 2:52:36 | 287. |
| 6 | Jude Horsnell | F | 131. | Female 55-59 | 11. | (Llandudno) | 2:52:27 | 2:52:43 | 288. |
| 439 | Chris Heavey | M | 158. | Male 21-34 | 20. | Nantwich Running Club | 2:52:22 | 2:52:51 | 289. |
| 70 | Denise Brien | F | 132. | Female 50-54 | 25. | (Manchester) | 2:52:25 | 2:53:32 | 290. |
| 216 | Barry Locketti | M | 159. | Male 50-54 | 22. | Swinton running club | 2:52:37 | 2:53:33 | 291. |
| 112 | Andrea Drameh | F | 133. | Female 50-54 | 26. | (Manchester) | 2:52:31 | 2:53:37 | 292. |
| 328 | Natalie Caughtry | F | 134. | Female 21-34 | 24. | (Colwyn Bay) | 2:53:29 | 2:54:11 | 293. |
| 161 | Kerrie Bignall | F | 135. | Female 50-54 | 27. | (Runcorn) | 2:53:49 | 2:54:12 | 294. |
| 263 | Matt Arschavir | M | 160. | Male 45-49 | 33. | Didsbury Runners | 2:53:26 | 2:54:15 | 295. |
| 145 | Robert Todd | M | 161. | Male 60-64 | 14. | Dragons Running Club Sale | 2:53:02 | 2:54:23 | 296. |
| 280 | Evelyn Fort | F | 136. | Female 45-49 | 23. | (Old Colwyn) | 2:53:32 | 2:54:29 | 297. |
| 485 | Howard Beckett | M | 162. | Male 50-54 | 23. | (Rhyl) | 2:54:26 | 2:54:56 | 298. |
| 395 | Paul Johansen | M | 163. | Male 55-59 | 18. | (Birkenhead) | 2:54:22 | 2:55:35 | 299. |
| 518 | Sara Murray | F | 137. | Female 40-44 | 29. | Warrington Running Club | 2:54:24 | 2:55:37 | 300. |
| 148 | Bob Wynn | M | 164. | Male 65-69 | 1. | Hyde Village Striders | 2:55:26 | 2:55:46 | 301. |
| 284 | Rachel Cartwright | F | 138. | Female 45-49 | 24. | Warrington Running Club | 2:54:48 | 2:56:00 | 302. |
| 68 | Sharon Gibbs | F | 139. | Female 40-44 | 30. | (Glossop) | 2:55:42 | 2:56:17 | 303. |
| 259 | Abi Langley | F | 140. | Female 40-44 | 31. | (Holywell) | 2:56:06 | 2:56:29 | 304. |
| 170 | Will Cogswell | M | 165. | Male 21-34 | 21. | (Flint) | 2:55:58 | 2:56:35 | 305. |
| 82 | Hayley Brown | F | 141. | Female 21-34 | 25. | (Bridgend) | 2:55:20 | 2:56:37 | 306. |
| 124 | Deborah Luckman | F | 142. | Female 50-54 | 28. | (Manchester) | 2:55:30 | 2:56:37 | 307. |
| 275 | Rhodri Roberts | M | 166. | Male 50-54 | 24. | N/A | 2:56:16 | 2:56:39 | 308. |
| 42 | Jenny Stinton | F | 143. | Female 50-54 | 29. | Cobra | 2:56:51 | 2:57:33 | 309. |
| 424 | David Whitby | M | 167. | Male 35-39 | 25. | (Stoke on Trent) | 2:56:42 | 2:57:43 | 310. |
| 432 | Sarah Taylor | F | 144. | Female 35-39 | 20. | (Cheadle) | 2:56:48 | 2:58:02 | 311. |
| 287 | Iona Roberts | F | 145. | Female 21-34 | 26. | GOG Triathlon Club | 2:57:19 | 2:58:22 | 312. |
| 351 | Miss Sharon White | F | 146. | Female 55-59 | 12. | Mossley running club | 2:57:30 | 2:58:23 | 313. |
| 144 | Deb Owen | F | 147. | Female 50-54 | 30. | Newcastle staffs AC | 2:57:54 | 2:58:57 | 314. |
| 337 | Gill Owen | F | 148. | Female 45-49 | 25. | Porth Eirais Runners | 2:58:22 | 2:59:05 | 315. |
| 344 | Michelle Torme | F | 149. | Female 40-44 | 32. | Heaton Runners | 2:57:58 | 2:59:14 | 316. |
| 203 | Carys Bunnell | F | 150. | Female 55-59 | 13. | Holywell blade runners | 2:58:54 | 2:59:16 | 317. |
| 467 | Charlotte Small | F | 151. | Female 40-44 | 33. | (Wednesbury) | 2:58:03 | 2:59:32 | 318. |
| 78 | Vicci Norton | F | 152. | Female 35-39 | 21. | Warrington Running Club | 2:58:56 | 2:59:33 | 319. |
| 210 | Barry Powell | M | 168. | Male 55-59 | 19. | (Wirral) | 2:58:21 | 2:59:34 | 320. |
| 356 | Catherine Cuthbert | F | 153. | Female 50-54 | 31. | Wallasey AC | 2:59:14 | 2:59:40 | 321. |
| 49 | Jane Houghton | F | 154. | Female 50-54 | 32. | Warrington Running Club | 2:59:35 | 3:00:46 | 322. |
| 227 | Helen Shaw | F | 155. | Female 55-59 | 14. | Warrington Running Club | 2:59:23 | 3:00:46 | 323. |
| 181 | Sue Jones | F | 156. | Female 60-64 | 4. | Cybi Striders | 3:00:12 | 3:00:47 | 324. |
| 102 | Harry Walker | M | 169. | Male 60-64 | 15. | (Colwyn Bay) | 2:59:32 | 3:01:08 | 325. |
| 23 | Trudi Parry | F | 157. | Female 50-54 | 33. | buckley runners | 3:00:06 | 3:01:31 | 326. |

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Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|----------------------|--------|------|--------------|------|---------------------------------|----------|---------|------|
| 445 | Stephen Lloyd | M | 170. | Male 60-64 | 16. | (Ellesmere) | 3:00:49 | 3:01:56 | 327. |
| 399 | Bruce Pittman | M | 171. | Male 45-49 | 34. | (St martins) | 3:01:00 | 3:02:07 | 328. |
| 117 | Alison Wingate | F | 158. | Female 50-54 | 34. | Kirkby Milers AC | 3:01:42 | 3:02:53 | 329. |
| 440 | Andrew Duckworth | M | 172. | Male 50-54 | 25. | Styal Running Club | 3:01:52 | 3:02:54 | 330. |
| 299 | Gwennan Charlton | F | 159. | Female 35-39 | 22. | North Wales Road Runners | 3:02:55 | 3:03:23 | 331. |
| 527 | Sharon Ashton | F | 160. | Female 45-49 | 26. | vegan runners UK | 3:02:55 | 3:03:28 | 332. |
| 105 | Sam Brooke | F | 161. | Female 35-39 | 23. | Cobra | 3:02:47 | 3:03:29 | 333. |
| 368 | Emily Cooke | F | 162. | Female 21-34 | 27. | (London) | 3:03:19 | 3:04:02 | 334. |
| 189 | Michelle Richardson | F | 163. | Female 45-49 | 27. | (St Martins) | 3:03:15 | 3:04:07 | 335. |
| 187 | Lisa Howells | F | 164. | Female 45-49 | 28. | (Shrewsbury) | 3:03:15 | 3:04:07 | 336. |
| 493 | Martin Frew | M | 173. | Male 60-64 | 17. | (Prestatyn) | 3:03:23 | 3:04:15 | 337. |
| 247 | Samantha Bentall | F | 165. | Female 55-59 | 15. | Penny Lane Striders | 3:03:37 | 3:04:21 | 338. |
| 248 | Marie Motley | F | 166. | Female 55-59 | 16. | Penny Lane Striders | 3:03:38 | 3:04:22 | 339. |
| 476 | Erika Leeming | F | 167. | Female 55-59 | 17. | Bramhall Runners | 3:03:24 | 3:04:40 | 340. |
| 47 | Michelle Warner | F | 168. | Female 40-44 | 34. | Lonely Goat | 3:04:11 | 3:04:47 | 341. |
| 378 | Wendy Raybould | F | 169. | Female 55-59 | 18. | The Yellow Army | 3:04:13 | 3:05:43 | 342. |
| 251 | Maria Shaw | F | 170. | Female 40-44 | 35. | The Freelance Runners | 3:04:14 | 3:05:43 | 343. |
| 81 | Anna Morris | F | 171. | Female 21-34 | 28. | (Manchester) | 3:05:49 | 3:06:57 | 344. |
| 520 | Leila Mapp | F | 172. | Female 50-54 | 35. | (Caernarfon) | 3:06:11 | 3:07:02 | 345. |
| 497 | Ruth Evans | F | 173. | Female 35-39 | 24. | (Caernarfon) | 3:06:11 | 3:07:02 | 346. |
| 158 | Anna Martin | F | 174. | Female 45-49 | 29. | Oldham and Royton Harriers | 3:06:03 | 3:07:17 | 347. |
| 180 | Lydia Mills | F | 175. | Female 35-39 | 25. | Centurion RC | 3:07:07 | 3:07:26 | 348. |
| 5 | Medi Ashton | F | 176. | Female 40-44 | 36. | (Llanrwst) | 3:06:39 | 3:08:05 | 349. |
| 85 | Louise Lindsay | F | 177. | Female 45-49 | 30. | (Whitchurch) | 3:08:22 | 3:08:58 | 350. |
| 133 | Sue Formstone | F | 178. | Female 50-54 | 36. | Buckley RC | 3:07:35 | 3:09:00 | 351. |
| 354 | David John Williams | M | 174. | Male 60-64 | 18. | (Caernarfon) | 3:08:49 | 3:09:14 | 352. |
| 510 | Emma Hughes | F | 179. | Female 35-39 | 26. | Mon milers | 3:08:17 | 3:09:21 | 353. |
| 211 | Emma Hughes | F | 180. | Female 50-54 | 37. | (Caersws) | 3:08:35 | 3:09:23 | 354. |
| 279 | Louise Jones | F | 181. | Female 40-44 | 37. | Clwb Run Wales | 3:08:35 | 3:09:23 | 355. |
| 116 | Laura Cummings | F | 182. | Female 35-39 | 27. | (Manchester) | 3:09:01 | 3:09:39 | 356. |
| 122 | Jackie Moxon | F | 183. | Female 60-64 | 5. | (Castleford) | 3:09:22 | 3:09:58 | 357. |
| 107 | Angharad Parry-Jones | F | 184. | Female 45-49 | 31. | Les Croupiers RC | 3:08:52 | 3:10:09 | 358. |
| 252 | Darron Blake | F | 185. | Female 55-59 | 19. | (Stourbridge) | 3:08:49 | 3:10:19 | 359. |
| 20 | Mary Waudby | F | 186. | Female 40-44 | 38. | Dragons Running Club (Sale) | 3:08:54 | 3:10:21 | 360. |
| 242 | Gareth Williams | M | 175. | Male 50-54 | 26. | (Colwyn Bay) | 3:10:20 | 3:10:51 | 361. |
| 508 | Rae Howe | F | 187. | Female 50-54 | 38. | Team Anstey Amblers and runners | 3:10:42 | 3:11:50 | 362. |
| 277 | Cathy Obrien | F | 188. | Female 50-54 | 39. | (Liverpool) | 3:11:04 | 3:12:15 | 363. |
| 194 | Colette Heron | F | 189. | Female 45-49 | 32. | Kirkby Milers AC | 3:11:03 | 3:12:15 | 364. |
| 7 | Nicola Birkett | F | 190. | Female 45-49 | 33. | Deestridders | 3:11:23 | 3:12:57 | 365. |
| 402 | Lorraine Gorman | F | 191. | Female 50-54 | 40. | Girls That Jeff | 3:11:40 | 3:12:59 | 366. |
| 134 | Christine Wright | F | 192. | Female 55-59 | 20. | (Stockport) | 3:13:07 | 3:14:21 | 367. |

Colwyn Bay Metric Marathon 2023

Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|-------------------|--------|------|--------------|------|-----------------------------|----------|---------|------|
| 512 | Rebecca Davies | F | 193. | Female 21-34 | 29. | Mon milers | 3:13:46 | 3:14:51 | 368. |
| 511 | Josie Rhisiart | F | 194. | Female 45-49 | 34. | Clwb Run Wales | 3:13:47 | 3:14:51 | 369. |
| 119 | Kirsty Mcgowan | F | 195. | Female 35-39 | 28. | Les Croupiers RC | 3:13:41 | 3:14:58 | 370. |
| 286 | Diane Gurney | F | 196. | Female 55-59 | 21. | (Rhyl) | 3:14:58 | 3:15:52 | 371. |
| 431 | Jennifer Evans | F | 197. | Female 50-54 | 41. | (Rhyl) | 3:14:58 | 3:15:52 | 372. |
| 404 | Zarana Dickinson | F | 198. | Female 55-59 | 22. | Lonley Goats RC | 3:14:48 | 3:16:07 | 373. |
| 339 | Graham Haggis | M | 176. | Male 60-64 | 19. | (Preston) | 3:15:45 | 3:16:50 | 374. |
| 338 | Donna Finn | F | 199. | Female 45-49 | 35. | (Preston) | 3:15:45 | 3:16:50 | 375. |
| 257 | Tony Gibbons | M | 177. | Male 35-39 | 26. | (Llandudno) | 3:15:33 | 3:16:55 | 376. |
| 264 | Clair Roberts | F | 200. | Female 40-44 | 39. | Porth Eirias Runners | 3:17:58 | 3:18:42 | 377. |
| 9 | Pamela Chapman | F | 201. | Female 55-59 | 23. | (Stockport) | 3:18:48 | 3:19:15 | 378. |
| 316 | Karin Melling | F | 202. | Female 45-49 | 36. | (wigan) | 3:18:31 | 3:19:16 | 379. |
| 39 | Gareth Jones | M | 178. | Male 50-54 | 27. | (Caergwrle) | 3:18:28 | 3:19:42 | 380. |
| 400 | Linda Cusack | F | 203. | Female 55-59 | 24. | Fetch Everyone Running Club | 3:18:39 | 3:19:57 | 381. |
| 417 | Rebecca Corbett | F | 204. | Female 45-49 | 37. | Chasewater Runners | 3:18:38 | 3:19:58 | 382. |
| 186 | Claire Campbell | F | 205. | Female 45-49 | 38. | (Freshwater) | 3:18:49 | 3:20:09 | 383. |
| 141 | Lisa Hughes | F | 206. | Female 35-39 | 29. | Sarn Helen | 3:19:27 | 3:20:28 | 384. |
| 495 | Ffion Parry | F | 207. | Female 55-59 | 25. | (Llandegfan) | 3:19:36 | 3:20:37 | 385. |
| 233 | David Colley | M | 179. | Male 45-49 | 35. | The Freelance Runners | 3:19:46 | 3:21:16 | 386. |
| 204 | Laura Cogswell | F | 208. | Female 40-44 | 40. | (North Wales) | 3:21:13 | 3:21:51 | 387. |
| 507 | Bryan Griffiths | M | 180. | Male 50-54 | 28. | (Bethesda) | 3:21:02 | 3:22:05 | 388. |
| 271 | Sally Hancock | F | 209. | Female 45-49 | 39. | Goodgym Race Team | 3:22:50 | 3:23:53 | 389. |
| 176 | Claire Mcdermott | F | 210. | Female 21-34 | 30. | (Liverpool) | 3:23:55 | 3:24:50 | 390. |
| 420 | Kate Brown | F | 211. | Female 40-44 | 41. | (Llysfaen) | 3:23:51 | 3:25:24 | 391. |
| 29 | Jolene Tucker | F | 212. | Female 40-44 | 42. | (Old Colwyn) | 3:23:49 | 3:25:24 | 392. |
| 393 | Peter Simm | M | 181. | Male 65-69 | 2. | (Pontybodkin) | 3:24:40 | 3:25:25 | 393. |
| 197 | Denise Taylor | F | 213. | Female 55-59 | 26. | Boldmere Bullets | 3:25:32 | 3:26:52 | 394. |
| 522 | Joel Williams | M | 182. | Male 21-34 | 22. | (Prenton) | 3:27:22 | 3:27:53 | 395. |
| 310 | Bev Shawcross | F | 214. | Female 55-59 | 27. | (Stockport) | 3:27:15 | 3:28:30 | 396. |
| 314 | Jackie Fawcett | F | 215. | Female 55-59 | 28. | (Stockport) | 3:27:15 | 3:28:31 | 397. |
| 276 | Catherine Prince | F | 216. | Female 40-44 | 43. | (Stockport) | 3:27:15 | 3:28:31 | 398. |
| 135 | Caroline Shepherd | F | 217. | Female 45-49 | 40. | (Stockport) | 3:27:16 | 3:28:31 | 399. |
| 174 | Tal Twist | F | 218. | Female 45-49 | 41. | (Stockport) | 3:27:16 | 3:28:31 | 400. |
| 340 | Sharon Foy | F | 219. | Female 50-54 | 42. | Heaton Runners | 3:27:16 | 3:28:31 | 401. |
| 132 | Kirsty Elliott | F | 220. | Female 50-54 | 43. | (Stockport) | 3:27:16 | 3:28:31 | 402. |
| 13 | Jacqueline Payne | F | 221. | Female 50-54 | 44. | Cobra RC | 3:28:11 | 3:28:54 | 403. |
| 528 | Kelly Roberts | F | 222. | Female 21-34 | 31. | | 3:28:03 | 3:29:36 | 404. |
| 120 | Andrew Sumpton | M | 183. | Male 55-59 | 20. | (Pontefract) | 3:29:08 | 3:29:45 | 405. |
| 121 | Gary Moxon | M | 184. | Male 60-64 | 20. | (Castleford) | 3:29:08 | 3:29:45 | 406. |
| 14 | Rachel Pilsworth | F | 223. | Female 45-49 | 42. | (Cambridge) | 3:29:41 | 3:30:32 | 407. |
| 405 | Erica Gould | F | 224. | Female 60-64 | 6. | (Cannock) | 3:29:33 | 3:30:51 | 408. |

Colwyn Bay Metric Marathon 2023

Overall Results

| Bib | Name | Gender | Pos. | AG | Pos. | Club | ChipTime | GunTime | Pos. |
|-----|---------------------|--------|------|--------------|------|---|----------|---------|------|
| 425 | Elizabeth Barry | F | 225. | Female 50-54 | 45. | (Cambridge) | 3:30:09 | 3:31:00 | 409. |
| 423 | Sarah Brain | F | 226. | Female 35-39 | 30. | (Stoke-on-Trent) | 3:30:42 | 3:31:43 | 410. |
| 300 | Sara Mallen | F | 227. | Female 45-49 | 43. | (Kingswinford) | 3:30:31 | 3:32:03 | 411. |
| 245 | Sarah Knight | F | 228. | Female 50-54 | 46. | (Hagley) | 3:30:34 | 3:32:05 | 412. |
| 172 | Hannah Campbell | F | 229. | Female 35-39 | 31. | (Manchester) | 3:32:02 | 3:33:11 | 413. |
| 66 | Luke Edmonds | M | 185. | Male 21-34 | 23. | Walk 2 run Blakely | 3:32:04 | 3:33:13 | 414. |
| 317 | Christopher Vaughan | M | 186. | Male 75-79 | 1. | (Stourbridge) | 3:32:31 | 3:34:04 | 415. |
| 414 | Adam Hobson | M | 187. | Male 35-39 | 27. | (Manchester) | 3:40:29 | 3:41:55 | 416. |
| 18 | Mark Jolly | M | 188. | Male 21-34 | 24. | Dragons Running Club (Sale) | 3:40:27 | 3:41:55 | 417. |
| 74 | Janet Hughes | F | 230. | Female 55-59 | 29. | (Holywell) | 3:43:21 | 3:43:44 | 418. |
| 114 | Samantha Gothard | F | 231. | Female 45-49 | 44. | (LIVERPOOL) | 3:43:00 | 3:44:24 | 419. |
| 115 | Margaret Kelly | F | 232. | Female 50-54 | 47. | Kirkby Milers A C | 3:43:14 | 3:44:26 | 420. |
| 73 | Karen Leggett | F | 233. | Female 55-59 | 30. | (Colwyn Bay) | 3:44:40 | 3:45:41 | 421. |
| 202 | Michaela Barr | F | 234. | Female 35-39 | 32. | (Sutton coldfield) | 3:53:26 | 3:54:47 | 422. |
| 376 | Paul Taylor | M | 189. | Male 65-69 | 3. | Oldham and Royton Harriers and Athletics club | 4:03:21 | 4:04:45 | 423. |
| 199 | Viki Fraser | F | 235. | Female 40-44 | 44. | (Birmingham) | 4:09:50 | 4:11:13 | 424. |
| 196 | Louise Tipper | F | 236. | Female 50-54 | 48. | (Sutton Coldfield) | 4:09:50 | 4:11:14 | 425. |

Number of records: 425